

2022 / 2023 IRISH WINTER SUP RACE SERIES

Event 7 - THE EYE RACE - Race Instructions Amendment 1

The following Race Instructions [RI] - amendment 1 has been published in relation to RI V3.0.

Date 22/04/23
Location Howth, Dublin 13
Organiser Discover SUP

Please carefully read all the information; should you have any questions, Eoin from Discover SUP will be happy to answer them. You can contact him on 0876707573 or at hello@discoversup.ie.

Version	Date of this draft	Primary author
1.0	20/04/2023	Eoin Kernan

RULES OF RACING

Amendments in bold blue

- Inclusions/exclusions/amendments to the general rules, specific only to Event 7, are outlined below:
 - **Participants may only draft within their own racing class and gender; i.e Class 1 females can only draft within Class 1 females.**
- **On-the-water patrol craft will fly a blue and purple flag in normal racing conditions.** In the case of a need to immediately stop the activity, a red and orange flag will be flown by the on-the-water patrol craft, and further information will be passed to participants on the water. Backup exits/places of shelter are identified on the course map (white flag in a yellow dot), should they be required.

- Should a participant wish to retire from the activity, they must make their intentions known to the race management personnel on the water prior to leaving their course, **raising their attention by holding their paddle vertically in the air if possible**. Backup exits/places of shelter are identified on the course map (white flag in a yellow dot), should they be required.

SAFETY EQUIPMENT INFORMATION (MANDATORY)

- **All participants must wear a full-length wetsuit. Neoprene leggings/tops will not be accepted.** (This is due to expected weather and water conditions).
- As per the protocol for launching/landing and transiting to/from the starting area, once a participant finishes, they must remain off-the-water at the finish area until all participants are finished. Under no circumstances can anyone return to the harbour prior to this. **It is advised that participants paddle to the start with a dry bag containing food/drinks and suitable clothes to keep them comfortable, dry, and energised during this finishing period. These bags will be kept under watch on the beach during the race, but valuables cannot be kept secure, so please do not bring anything valuable to the start line.**

COURSE INFORMATION

- **Class 1 - course 3 - 11.5km (approx)**
 - Participants will round all marks on port (keep the mark on their right) throughout the route, and remain outside of exclusion zones at all times (except when rounding the yellow/black cardinal).
 - Head in a N direction to Mark 1 (orange cherry) located just off the NW corner of the island.
 - Head in a SE direction to Mark 2 along the SW edge of the island.
 - Head in a SE direction to Mark 3 (orange cherry) off the SE corner of the island.
 - Head in a NW direction to Mark 2 (orange cherry) along the SW edge of the island.
 - Head in a NW direction to Mark 1 just off the NW corner of the island.
 - Head in a SE direction to Mark 2 along the SW edge of the island.

- Head in a SE direction to Mark 3 off the SE corner of the island.
- Head in a NW direction to Mark 2 along the SW edge of the island.
- Head in a NW direction to Mark 1 just off the NW corner of the island.
- Head in a SE direction to Mark 2 along the SW edge of the island.
- Head in a SE direction to Mark 3 off the SE corner of the island.
- Head in a NW direction to Mark 2 along the SW edge of the island.
- Head in a NW direction to Mark 1 just off the NW corner of the island.
- Head in a S direction to the finish.

- Finish - Claremont beach
 - Participants will be deemed to have finished by crossing a finishing line identified **between two green and yellow flags** above the high water mark on the beach.

